Thought for the day: A mom’s hug lasts long after she lets go. ~Author Unknown

Dates to Remember...

<table>
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<th>Date</th>
<th>Event</th>
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<td>Tuesday 6th May</td>
<td>Wrapping Mothers’ Day Items 3pm in the Library</td>
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<tr>
<td>Thursday 8th May</td>
<td>Mothers’ Day Stall 9am – 11.30am</td>
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<td>Thursday 8th May</td>
<td>Please return Book Club Issue 3 orders by 9am</td>
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<td>Friday 9th May</td>
<td>School Athletics Carnival K-6</td>
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<td>Tuesday 13th May</td>
<td>NAPLAN – Language Conventions</td>
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<td>Thursday 15th May</td>
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<td>Friday 16th May</td>
<td>Jamie Oliver’s Food Revolution Day</td>
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<td>Friday 23rd May</td>
<td>PSSA Zone Cross Country Carnival – Jerilderie</td>
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<td>Friday 23rd May</td>
<td>National Walk Safely to School Day</td>
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<td>Monday 26th May</td>
<td>‘Let the Music Move You’ visiting performance for K-6</td>
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<tr>
<td>Friday 6th June</td>
<td>PSSA Zone Athletics Carnival – Berrigan</td>
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<td>Monday 9th June</td>
<td>Queen’s Birthday Public Holiday</td>
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Principal’s Report

Nits and head lice are a constant and frustrating problem for school aged children here and everywhere else. In an effort to try to reduce the outbreaks here at school, the P & C would like to operate the Nitbusters Program. This program is voluntary and has been developed by the NSW Department of Health, in consultation with NSW Parents’ and Citizens’ and NSW Department of Education and Communities. Before this is undertaken, we need to gauge parental support for the program. More information about the program and a consent form has been sent home today. Please complete and return the consent by Friday 16th May. Qualified hairdressers will treat and inspect the children. All information regarding this program will be kept confidential.

Our school Athletics Carnival will be held this Friday 9th May at the Barooga Football Ground. This year all children, from Kinder to Year 6 will be involved. A permission note was sent home last week and should be returned as soon as possible.

A reminder to parents the cooking levy should have been paid by last week. If you are having difficulties paying, please contact Mrs Bird or Mr Francis to arrange a payment plan. For those who have already paid or paying off the levy, thank you and please continue to make regular payments as arranged.

Good luck to Madi Power who competed in the Riverina Netball Carnival in Griffith today.

A reminder that the P&C are holding their annual Mothers’ Day stall this Thursday 8th May and a wrapping afternoon from 3pm on Thursday 8th May. More information in the P&C News.

John Francis, Principal
Mothers’ Day Stall
The Mother’s Day Stall will be held on Thursday 8th May from 9am – 11.30am. This is a chance for students to purchase a special Mothers’ Day gift. From 3pm on Tuesday 6th May we will be wrapping/pricing the items for the stall. Parents are invited to come along and help. Thank you to those who have donated gifts for the stall, your generosity is much appreciated and contributes to the success of the stall.

Athletics Carnival Canteen
Once again the P&C will be running a canteen at the Athletics Carnival. If you are able to help out in the canteen could you please let me know as soon as possible.

Marcia Nolan, P&C Secretary, 0427 800516

Visit our website: www.barooga-p.schools.nsw.edu.au
E-mail: barooga-p.school@det.nsw.edu.au (Staff/General) e-mail: john.francis@det.nsw.edu.au (Principal/Confidential)
Ph: 03-58734242 & 58734920 Fax: 03-58734700

‘Building Partnerships with the Community’ Barooga PS proudly sponsored by the Barooga Sports Club
Mothers’ Day Stall
Thursday 8th May
This is a chance for students to choose a special Mothers’ Day gift
Items for sale from
$3.00 - $10.00
Students may return at recess to exchange gifts if siblings have chosen the same article.
*Students not requiring a gift do not have to attend.
Parents, guardians, grandparents, etc. are invited to come along and help out with our wrapping
night on Tuesday 6th May at 3pm in the school library
I also need volunteers to help with the stall.
Please let me know as soon as possible if you are able to assist. Ph: 0427 800 516

Students of the Week
Kinder: Clea Dopper, Georgie Nelson, Cooper Morgan
Year 1/2C: Joel Jezewski, Chase Barwick, Ebony Kernaghan
Year 1/2PM: Oscar Rothe, Josh Noonan, Dana Nolan
Year 3/4: Sarah MacDonald, Cruise Barwick, Taj Dale
Year 4/5: Cooper Doyle, Lily Bond-Geddes, Emmily Woodhead
Year 5/6: Jamie Arbon, Maddison Howell, Coleby Hellyer-Maud
*Student chosen by his/her peers

Medicine at School
Unfortunately over the counter medication ie: Panadol, Nurofen, natural medicines, etc. cannot be administered at school without a letter from a doctor prescribing these medicines.
Children who have a chronic medical condition such as epilepsy, diabetes, allergies, asthma, should include this information in their enrolment details.
Details about specific medications relating to these medical conditions should be put in writing and given to the office at the beginning of the year or when details of medications alter.
Children who require medication should not be in possession of it whilst at school.
Parents of children who require prescribed medication to be administered at school must complete a written request on the appropriate form which is provided by the Department of Education. Forms are available at the school office.
Parents should deliver the medication to the office in a pharmacy labeled container detailing:
- Name of the child
- Name of the medication
- Time and dosage of the medication
Please note: Medication will not be administered unless the parent contacts the office in person and fills out the appropriate forms and delivers the medication in a suitable container.
Children are able to have asthma puffers in their possession, although if a spacer is required we encourage parents to give this, along with the asthma medication to the teacher, particularly if the child is in Kindergarten.

Visit our website: www.barooga-p.schools.nsw.edu.au
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You Can Do It!

For the first half of this Term all classes will be learning about the 5 Blockers. The 5 Blockers are:
- Feeling Down
- Feeling Anxious
- Procrastination
- Not Paying Attention
- Feeling Angry – Misbehaving

Children will be learning about the Negative Habits of the mind that lead to these feelings and they will also be learning about the Positive Habits of the mind in order to think positively about themselves and their learning.

Habits of the Mind Checklist

Self-Downing
Leads to …
feeling very down, poor resilience and losing confidence

Accepting Myself
Leads to … not feeling very down, resilience, and staying confident

Taking Risks
Leads to …
lower levels of performance anxiety and strong work confidence

Being Independent
Leads to …
Lower levels of social anxiety and strong social confidence

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‘Building Partnerships with the Community’ Barooga PS proudly sponsored by the Barooga Sports Club
As part of Food Revolution Day on Friday 16 May, our class will be taking part in a live cooking lesson led by Jamie Oliver.

We will be making rainbow salad wraps and the ingredients we will be using are listed below:

- Beetroot
- Carrots
- White cabbage
- Pear
- Mint
- Parsley
- Wholemeal tortilla wraps
- Feta cheese
- Natural yoghurt
- English mustard
- Vinegar, such as red wine, white wine or cider
- Extra virgin olive oil

If your child has any specific dietary requirements that you would like to make the school aware of, please let us know using the slip at the end of this letter. To make sure that everyone in the class can participate, we would like to ask each child to bring in the following equipment on the day itself. If that’s not possible, don’t worry, your child will still be able to participate!

- An apron or an old shirt
- A box grater (if possible)

Food Revolution Day is not just for schools, it’s for everyone! For more information about Jamie’s global day of action, and how your family can get involved at home, visit www.foodrevolutionday.com.

I give permission for ________________________________ (child’s name) to take part in Jamie’s live TES cooking lesson for Food Revolution Day on Friday 16 May.

My child does/does not have any specific dietary requirements (delete as appropriate)

My child’s dietary requirements are: ________________________________

Signed ___________________________ Date ___________________________